

Dear fellow residents of Tinkers Bridge,

This month we are hoping for some early summer weather. We include our usual cookery item in anticipation of sunny days. In addition we advertise community events and include valuable information. Please contact the editor via thebridge@tinkersbridge.org.uk with news.

Which leads me to the important matter of finding a deputy editor for The Bridge. We need someone to back me up and also make an active contribution to future issues and deliver the copy to the printer etc. This is a commitment but NOT a heavy one. We are pleased to announce that we have a new design consultant: Katherine Clark. Welcome aboard, Katherine.

Remember to check the calendar on our FaceBook group page for stop press items.

The Editor



Our Milton Keynes Councillor, Hannah O'Neill, accepted the Tinkers Bridge Community Plan at the Grand Launch on 28th April 2016.

Diary of Events

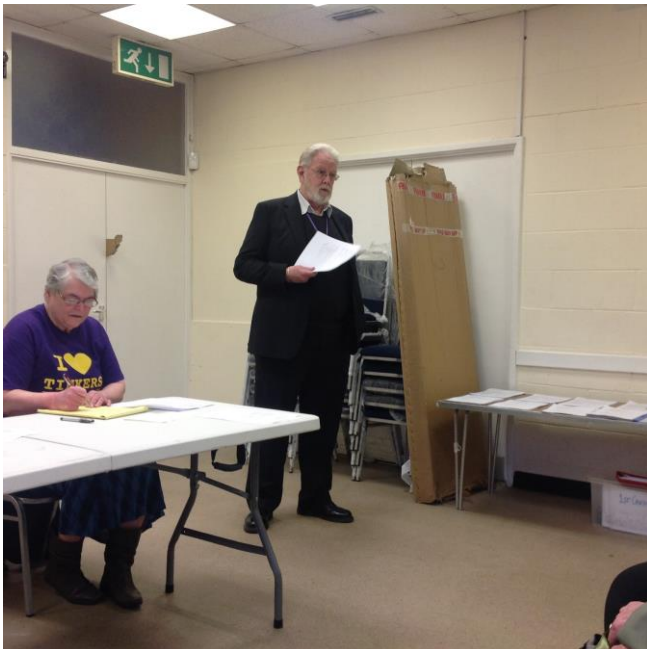
One reason for going to Council meetings is to show the MK Council that we mean business, so it is important that they can see that we are from Tinkers Bridge. We have had some T-shirts printed with the message, 'I ♥ Tinkers Bridge'. If you would like to have a T-shirt please let Sheila know, including what size you would like.

For further information or if you would like a T-shirt please contact TinkersBridge@gmail.com or ring Sheila on 07599 321448

Monthly Meeting of the Tinkers Bridge Residents' Association

Thursday 30th June 2016 7:30 to 9.00 p.m.
Tinkers Bridge Meeting Place, Marshworth

There will be a big welcome for all Tinkers Bridge residents.



Peter Orme, Chair of Woughton Community Council addresses TBRA

The Environmental Team

Ron Ellis and the team thank SERCO, WCC & Community Payback Team for their help in keeping the environment pleasant for us all.

Ron needs helpers. Please contact him via tinkersbridge@gmail.com

June & July Activities and Events

TBRA working group meeting (for committee members only)

Thursday 9th June 2016, & also 14th July, 7:30 to 9.00 p.m., at the Tinkers Bridge Meeting Place.

TBRA monthly meeting:

Thursday 30th June 2016 & Thurs 28th July
(See opposite box for details)

7:30 to 9:00 p.m. at Tinkers Bridge Meeting Place

The Queen's 90th Birthday Picnic

Come along to the celebratory picnic at Tinkers Bridge Meeting Place and the field outside on 11th June 11:30 – 2pm.

Cake stall and refreshments in the hall, bring your picnic and a blanket and enjoy the fun!

WOUGHTON CARNIVAL: 18 June

Regular Activities

WCC ADVICE DROP IN:

currently every Monday 9–11 a.m. no appointments necessary.

MOBILE LIBRARY:

visits TB Meeting Place on alternate Fridays 3, 17 June; 1, 15, 29 July

RAINBOWS', BROWNIES' and GUIDES':

meet in the TB Meeting Place every Tuesday during term time only

ARTS AND CRAFTS: please look at Facebook Page: Tinkers Arts and Crafts

FOOTBALL PRACTICE: on Sunday afternoons at Colne Park from 2:30 p.m. Contacts: John Orr and Gideon Clark or turn up.

GENTLE YOGA for BEGINNERS: on Monday evenings at the meeting place 7:00 to 8:00 pm. Free to residents of Tinkers Bridge.

Tinkers Bridge Residents' Association Initiatives

TBRA is anxious to improve Tinkers Bridge for its residents. It successfully applied for a First Steps grant to help it to do this.

Tinkers Bridge Residents' Association: the Working Group and its responsibilities

TBRA has commissioned a Working Group of residents who volunteered to draw up the community plan, which has now been approved and accepted. The Working Group reports to the TBRA Committee. Volunteers are welcome, but must commit to regular attendance. Contact: Lesley Berry on 0794 1498762 or 25 Hatton

What next – a plan to improve Tinkers Bridge in line with YOUR wishes

The Plan was approved. We are now seeking to implement the plan with YOUR help.

FREE courses from Smile:)MK

If you suffer from mild or moderate depression, anxiety or sleep disorders one of these FREE LOCAL courses could help you:

Zentangling (Contact: Holly.Campbell@milton-keynes.gov.uk);

Mosaics (Contact: info@worksforus.co.uk);

Anger awareness (Contact Mind on 0300 330 0635);

Expressive Art (Contact Holly.Campbell@milton-keynes.gov.uk);

Creative Writing (Contact Amanda@maybemagazine.co.uk)

Photography (Contact Amanda@maybemagazine.co.uk)

Art for Wellbeing (Contact Holly.Campbell@milton-keynes.gov.uk);

The Environmental Team say a big thank you

Many thanks to Ian and Lorraine of Woughton Parish Council for arranging with Martin of the Community Payback Team to come and help with clearing up leaves and cutting back shrubs on the estate. As a result, the estate looks much tidier and more pleasant.

Do you need a Day Nursery or Child Clinics? Try Hedgerows Children's Centre, Langland Rd, Netherfield, MK6 4NP Tel: 01908 239000

Hedgerows Children`s Centre offers an enormous range of support for families with children under 5 yrs. this includes a day nursery for 2 year olds, a baby clinic, dental care for children, a cafe, and pregnancy testing.

THE LINK

Help needed with the new Tinkers Bridge website.

If you have experience creating websites please contact Dave at tinkersbridge@gmail.com

See our Facebook page at Tinkers Bridge OFFICIAL GROUP for up-to-the-minute estate news and comment. Did you know that TBRA now produces an online calendar of events in Tinkers Bridge? Available now at <https://calendar.google.com/calendar/embed?src=tinkersbridge%40gmail.com>, posted on the Facebook page, and to be included in the web site. Please consult it for any late changes to meeting details. Thanks, David for organizing this.

Calling all 60s and over. A Tea Dance? We need you!

TBRA is holding a Tea Dance at Hedgerows on Wed 20th July, 2–4 p.m. Tea, cake, wonderful music, dancing and company. It is FREE. Places are limited so **please complete the form enclosed with this issue of the Bridge by 21st June** and hand it in either to Hedgerows, Langland School Reception or 25 Hatton, Tinkers Bridge. We will deliver the ticket to your home.

We need a Deputy Editor for The Bridge

The need is for someone with good English and writing skills to back up the editor. At first this person would take copy to the Woburn Sands printer and collect the copies each month, and collect and insert last minute news items into existing copy. Eventually a more active role could develop as the person became familiar with the processes. Reliability and commitment are essential qualifications for this job. **If interested please contact the Editor via thebridge@tinkersbridge.org.uk**



Charming Photograph by Liz Iddon of a goose with her goslings at Ashland

Slow Cooks' Corner

Recipe for Slow Cook Ratatouille for 4-6 people

Ingredients

- 2 large onions - sliced roughly
- 4 courgettes – sliced into 1" chunks
- 1 lb (500 grams) of Italian plum tomatoes (or any)
- 2 green peppers, deseeded and cut into chunks
- 2 aubergines - sliced – see below under Tips.
- 1 clove of garlic – crushed
- 3 tablespoonsful of tomato puree or paste
- A little salt
- Ground black pepper
- 3 tablespoonsful of cooking oil

Method

Heat slow cooker on high, but set to low for cooking
Gently sauté (shallow fry) the onion and garlic till soft and transparent
Stir in the other ingredients and cook gently for 3 minutes
Add everything to the slow cooker. Put on the lid tightly.
Cook on **low** for 6–9 hours.
Serve on its own with crusty bread OR as an accompaniment to any meal, especially BBQ. Ideal for summer days when oven-cooking heats the kitchen unbearably. Use up your summer vegetables. It also heats up well.

Tip: *I always salt the aubergine slices for a few minutes - this brings out any bitterness in moisture; pat the aubergines dry with a paper towel before cooking them.*